

**September 2015**

The Fulton Neighborhood's boundaries are 47th Street to 54th Street and France Avenue to Penn Avenue.

*Fulton Neighborhood News* is published bimonthly by the Fulton Neighborhood Association (FNA) with funding from the Fulton Neighborhood Revitalization Program (NRP).

FNA is a nonprofit organization created by and for the residents and businesses of the Fulton neighborhood. Board meetings are held the second Wednesday of every month at 7 p.m., at Pershing Park. All meetings are open to the public.

Fulton NRP is an organization of FNA that implements neighborhood improvement projects. Committee meetings are held the first Wednesday of every month at 7 p.m., at Pershing Park.

Fulton Neighborhood  
At Pershing Park  
3523 W. 48th Street  
Minneapolis, MN 55410

E-mail: [info@fultonneighborhood.org](mailto:info@fultonneighborhood.org)  
Website: [www.fultonneighborhood.org](http://www.fultonneighborhood.org)  
612.922.3106

All FNA meetings and events are accessible. Requests for accommodations are welcome. Please make requests at least ten days in advance.

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# Fulton Fall Festival on Sept. 12

We're back again this year bigger and better than ever!

New this year: Yoga in the Park and Bike Safety Rodeo



**Yoga in the Park:** YogaFit studios will be teaching an all-levels Vinyasa class. This fun and invigorating class consists of several yoga poses designed to work and stretch the entire body. We will introduce the Vinyasa "one breath one movement" flow and integrate postures that help strengthen your muscles, improve flexibility and help with balance. This class is accessible to beginners, with added challenges for more seasoned yogis. Meet by the basketball courts at Pershing Park (at the corner of 49<sup>th</sup> & Chowen Ave S) at 10 a.m. No pre-registration is required; bring a mat or towel.

**Bike Safety Rodeo:** Come on down to the festival a little early at 10:30 a.m. to decorate your bike, then join in the bike parade led by the Southwest High School Marching Band at 10:45 a.m. We'll end by 11 a.m. and will be joined in the Pershing tennis courts by Minneapolis Park Police who will lead a Bike Rodeo on safe riding and other bike related tips. Even if you can't ride in the parade, still be sure to stop by the Rodeo and learn something new!

For more details on the festival, please see page 4.

## Festival Silent Auction

We are still in need of items for the Silent Auction. If you have goods, a services, an activity, or a hobby to share that you would like to donate, please contact Sheila Sager at [organizeplus@gmail.com](mailto:organizeplus@gmail.com).

## Fall Networking Event: Sept. 12

Building on the success of our spring event at Pig and Fiddle, our Fulton Neighborhood Association (FNA) fall activity at Pershing Park will give you an even greater chance to meet more neighbors, volunteer to support the 'hood, learn something new, and have fun doing it!

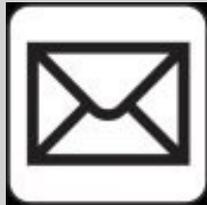
We'll start the day off with the free outdoor yoga class in the park (see details above), then go on to volunteer with friends and neighbors at the Fulton Fall Festival, which is scheduled to occur on Sat., Sept. 12.

The outdoor yoga class will be held at 10 a.m. near the Pershing tennis courts at 49th & Chowen. Simply show up willing with an open mind, a happy heart and your own mat or towel.

To choose your spot to volunteer at the festival, go to the FNA website ([fultonneighborhood.org](http://fultonneighborhood.org)) and click on the link to sign up for something fun. Choose the times that work best for you, as little or as much as you want.

In addition, be sure to sign up for a free raffle and find out what's new and how to connect up further with FNA (or share ideas for our next (winter) networking event) by stopping by the FNA table at the festival.

Looking forward to seeing everyone on Sept. 12 and making this fall networking opportunity a terrific one!



**Sign up now for our monthly e-newsletter to stay informed about neighborhood and city happenings. Visit [fultonneighborhood.org](http://fultonneighborhood.org) and fill in the form on the left side of the page.**

West 47th Street

### Publication Information

To submit article suggestions, please contact the Fulton Neighborhood Line at 612.922.3106 or send an e-mail to [info@fultonneighborhood.org](mailto:info@fultonneighborhood.org)

*Editor*  
Ruth Olson

*Contributing Writers*  
Alex Cortes, Jenny Monroe, Ruth Olson, Brad Schulz and Rachel Thelemann

*Proofreader*  
Jason Walker

*Distribution*  
Jeff Passey

[www.fultonneighborhood.org](http://www.fultonneighborhood.org)

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West 54th Street

France Avenue South

Penn Avenue South

## FNA Small Grants 2016

Our inaugural year for the new FNA Small Grants Program went very well and we gave out more than \$5,000 in grants to Lakes Martial Arts, Simply Jane & ArtAble, Southwest High School Music Programs and the Jefferson Project. It was great fun to watch our community strengthened by our local partners.

Want to reach out to your community next year and plan a youth or community engagement activity or program? We are planning to administer the program again in 2016. Applications will be available on the FNA website ([www.fultonneighborhood.org](http://www.fultonneighborhood.org)) by Oct. 1 and are due back to FNA by Dec. 31 with recipient announcement in February 2016.

## Annual BLEND Award Ceremony on September 28

Join us for the annual BLEND awards ceremony on Sept. 28 from 7-9 p.m. at the Fulton Brewery, located at 414 6th Ave. N, Minneapolis. The event will feature keynote speaker Larry Millett, famed Minneapolis architectural historian and author of *Minnesota's Own*.

This is our opportunity to come together to support neighbors, architects and builders who aesthetically blend newly remodeled or constructed homes and businesses into the fabric of Minneapolis neighborhoods, helping make it the place we all love to call home.

More information can be found at [BLENDaward.org](http://BLENDaward.org).

## FNA Annual Meeting & Board Elections

*7 p.m., Wed., Oct. 7, at Pershing Park*

It's that time of year again when we gather to review the past year, recognize our treasured "Friends of Fulton" and elect half of the FNA Board. We also welcome Councilmember Linea Palmisano and local legislators to update us on their efforts over the past year. Join us at 7 p.m. on Wed., Oct. 7, at Pershing Park to reconnect with your Fulton friends and neighbors.

**It's not too late to nominate a Friend of Fulton.** Send us an e-mail or see our website for nomination details: [info@fultonneighborhood.org](mailto:info@fultonneighborhood.org) or [fultonneighborhood.org](http://fultonneighborhood.org).

**Run for the FNA Board.** Five seats are open this year (two-year terms). Individuals who reside or own property in the Fulton neighborhood, or who are the sole designated representative of a business, religious institution, or school in the Fulton neighborhood, are eligible (must be 18 or over). Call us with questions about serving on the Board at 612-922-3106. We'd be happy to talk to you. To add your name to the pre-printed ballot, email [info@fultonneighborhood.org](mailto:info@fultonneighborhood.org). You may also write in your name at the Annual Meeting.

# Bees and Butterflies, Oh Joy!



This spring a \$5,000 grant was awarded to the Fulton neighborhood by Lutheran Church of the Good Shepherd as part of their Capital Appeal Fund "10% for mission" program.

Residents and Fulton Neighborhood Association (FNA) board members were all encouraged to provide suggestions in how to use the generous gift, and a public vote occurred at the May association meeting in which the top suggestions were compiled. An initial volunteer committee was then formed to review the results, and tasked to select the final project for implementation of the grant.

That meeting occurred in July and included the recommendation to fund two synergistic environmental selections that received significant votes, and were aimed at enhancing the natural beauty of our neighborhood by: protecting BEE populations, gardens and hives (13 votes) and supporting the MONARCH population through a possible milkweed habitat program to cultivate our precious butterfly population (12 votes).

The committee is now ready to launch and we are looking for enthusiastic residents interested in joining us to explore next steps for implementation. All ages and all levels of knowledge and expertise are encouraged to volunteer.

We will meet monthly through the fall and winter to make contacts and collect information and make decisions on how to spend the funds to best meet our goals of launching the program in the early spring of 2016!

We will have a sign-up sheet and informational flier at the Fulton Fall Festival on Sept. 12, so come on over to learn more. Interested individuals can sign up for the email distribution list at the festival or by sending an email to Jenny at [jenny\\_monroe2@yahoo.com](mailto:jenny_monroe2@yahoo.com).

## Open Streets on 50th

Open Streets on 50th is a new event happening on Sun., Sept. 27 from 1 p.m. to 5 p.m. This event promotes local businesses, connects communities and focuses on health, wellness and active transportation. It's a great opportunity to explore the street by biking, walking, rollerblading or pushing a stroller! We encourage you to walk from Beard Avenue to the Wooddale Bridge by Utley Park. Along the way you will find music, food, entertainment, interactive classes, community groups, kid's activities, dog yoga and more. This is a pet friendly event.

Fulton Neighborhood Association will have a booth with the following schedule:

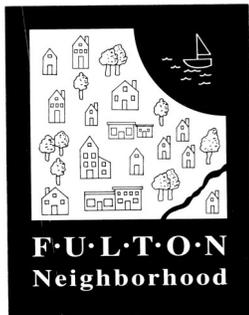
- 1-5 p.m.: Fit Bit Raffle, youth activity games, bike decorating and sidewalk chalk
- 1-3 p.m.: face painting and art activity
- 3 p.m.: Magic by Bruce show
- 3:30-5 p.m.: ballooning



## Fulton Farmers Market

School's in session and fall's just around the corner, but the farmers market season is still going strong! We run 8:30 a.m. - 1 p.m. on Saturdays through Oct. 24 at 4901 Chouven Ave S. You can still find your summer favorites like sweet corn, green beans and tomatoes, and fall crops are showing up, too! Look for apples every week, plus plentiful cauliflower, carrots, potatoes, parsnips, beets, Brussels sprouts and winter squash. Broccoli, spinach, radishes and fennel take a break in the summer heat but come back with the cooler weather. Round out your mornings with breakfast hash & pizza, plus coffee and a doughnut or a bagel, and stock up on eggs, cheese, meats, breads and more. We run rain or shine, hot or cold!

Market activities continue every Saturday throughout the fall as well. Storytime runs weekly at 9:30 a.m., with live music at 10 a.m. Sept. 12: sample market goods with a cooking demo; Sept. 19: learn all about honeybees by exploring an enclosed beehive up close; Sept. 26: wellness screening, & a kids craft activity; Oct. 3: taste of the market cooking demo; Oct. 10\*: kids creative zone with blocks & more; Oct. 17: learn how to make your own butter; and Oct. 24\*: celebrate Halloween early with trick or treating at the market! Activities typically begin at 10 a.m.; those with an \* run all day!



# Fulton Fall Festival Marketplace & Food Drive

Sat., Sept. 12

11 a.m.-3 p.m.

Pershing Park (48th & Chowen)

## Musical Guests: The Jaztronauts and The Wrong Omar

### There's something for everyone!

**New! Yoga in the Park (10 a.m. near the Pershing basketball court led by YogaFit)**

**Bike Parade (decorate at 10:30 a.m.; parade with local youth marching band at 10:45 a.m.)**

**New! Bike Rodeo (at 11 a.m. in the Pershing tennis courts led by Minneapolis Park Police)**

**Fun Food (grilled items , mini-donuts, shaved ice and more)**

**For the Kids: Inflatables, Petting Zoo, Face Painting and Games**

**For the Adults: Silent Auction, Marketplace, Used Book Sale & much more**

**Community Information: Tiny Solar House, Minneapolis Toy Library, Minneapolis Recycling, Minnehaha Creek Watershed District, etc.**

### **FULTON's 7th ANNUAL FOOD DRIVE**

Drop a bag of food at Pershing Park or at the Festival. Help Simply Jane & ArtAble create a sculpture at the festival using the donated food items. Every kid who brings a food or cash donation for Joyce Food Shelf will also receive a free canvas to paint from Simply Jane & ArtAble.

You can also make monetary donations. Make checks payable to *Joyce Uptown Food Shelf*.

Contact Ruth Olson at [info@fultonneighborhood.org](mailto:info@fultonneighborhood.org) or 612.922.3106 to volunteer your time, donate an item to our Silent Auction, rent a table at our Marketplace, or donate to the Used Book Sale.

Questions? 612.922.3106 or [info@fultonneighborhood.org](mailto:info@fultonneighborhood.org)