

July 2020

The Fulton Neighborhood's boundaries are 47th St to 54th St and France Ave to Penn Ave.

Fulton Neighborhood News is published bimonthly by the Fulton Neighborhood Association (FNA) with funding from the Fulton Neighborhood Revitalization Program (NRP) and Community Participation Program (CPP).

FNA is a nonprofit organization created by and for the residents and businesses of the Fulton neighborhood. Board meetings are held at 7 p.m. the second Wednesday of every month at Pershing Park. All meetings are open to the public.

Fulton Finance is a committee of FNA that implements neighborhood improvement projects. Committee meetings are held at 7 p.m. the first Wednesday of every month at Pershing Park.

Fulton Neighborhood
At Pershing Park
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All FNA meetings and events are accessible. Requests for accommodations are welcome. Please make requests at least ten days in advance.

Inside:

Spotlight on Fulton.....3
Children's Activity Page.....4

Become a Fulton Ally in the Fight for Racial Equity for All

Fulton residents recently witnessed the tragic, senseless killing of Mr. George Floyd at the hands of the Minneapolis Police not far from our neighborhood. We condemn this violent act and recognize that it requires facing an ongoing problem of racism, oppression, and systemic inequalities that disproportionately and unfairly affect black, Indigenous and people of color (BIPOC). We mourn the loss of George Floyd's life and extend our deepest sympathies to his family and friends. Mr. Floyd should still be alive with us today. We are grateful for the amazing people who helped with cleanup, donated funds, and provided food, supplies, and emotional support. We are listening, learning, and giving support in the work toward equity and justice. We stand with those rebuilding and seeking meaningful change for a better, more just and equitable Minneapolis.

We intend to be part of the systemic change needed for our community to heal. We believe in an inclusive and welcoming neighborhood, city, country, and world. We will work hard as a Board to become allies and commit to the values of listening, understanding, respect, and justice for all members of our community. We remain dedicated to creating a safe neighborhood for everyone where conversations can take place with mutual understanding and respect. We commit to using our resources in ways that support long-term change. We ask for everyone's help in this critical effort, especially to help those most affected by this trauma. Let's make a decision to do this work together.

What is an Ally?

- Ally is a term used to refer to a white person who acknowledges that racism is a problem and who takes specific actions to combat it.
- Communities of color apply the title of ally to white people who make the commitment and effort to recognize their privilege and work in solidarity with that community in the struggle for justice.
- Being an ally is not an identity, it is an ongoing process that involves the work of dismantling racism. While this term isn't perfect, the term acknowledges that allyship is about work, understanding how deep the roots of systemic racism run, and taking specific actions to combat that racism.
- An ally understands and accepts a person of color's position and experience.
- An ally accepts leadership from people of color as well as from white people.
- An ally avoids personalizing racial issues as they are raised in conversation.
- An ally takes responsibility for the reflection and introspective work we each have to do instead of relying on people of color to educate them about it.



Racial Equity continued on page 2



The Fulton Neighborhood News

Our newsletter is delivered to your home six times per year. If you think you might have missed an edition or did not receive a copy, all back issues are available for review on the FNA website:

fultonneighborhood.org

West 47th Street

Publication Information

To submit article suggestions, please contact the Fulton Neighborhood Line at 612-922-3106 or send an e-mail to info@fultonneighborhood.org

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Fulton Neighborhood Communication
Disclaimer: FNA publishes this newsletter to enhance public access to neighborhood information. While we try to keep the information timely and accurate, we make no guarantees. Readers should be aware that information in this publication may not reflect official positions of the Fulton Neighborhood Association Board of Directors or its individual members. *Fulton Neighborhood News* does not print unsolicited input from readers, though it welcomes any comments or suggestions readers may wish to provide.

West 54th Street

Racial Equity cont. from page 1

Fulton Neighborhood Conversations on Racial Equity

In this and future editions of the Fulton Neighborhood News, we will devote a section in each issue to include: ways to take action or be involved, ongoing learning and our new book club.

4 Ways to Become an Ally

1. Listen, accept feedback, and be willing to apologize when you get it wrong.
2. Reflect on your own biases, stereotypes, and ingrained beliefs.
3. Educate yourself on the history of the United States and systematic oppression.
4. Check in on your black friends, family, partners, and colleagues. Checking in can be a great way you can provide support.



Interested in discussing articles, books, podcasts and documentaries around these topics? Join the Fulton Justice & Equity Book Club which will meet monthly to discuss an article or book about racial equity. Email Rayklahr@gmail.com if you are interested. Our first book will be *How to Be an Anti-Racist* by Ibram X. Kendi.

Education

For Adults — read any of these books and join our new book club: (The Hennepin County library has unlimited e-copies of these books)

- *The New Jim Crow* by Michelle Alexander
- *How to Be an Anti-Racist* by Ibram X. Kendi
- *White Fragility* by Robin DiAngelo
- *Me & White Supremacy* by Layla F. Saad

For Children:

Listen to NPR's Life Kit "Talking Race with Young Children" to get started and the read these books to/with your children:

- *Skin Again* by Bell Hooks
- *Henry's Freedom Box* by Ellen Levine
- *Strictly No Elephants* by Lisa Mantchev
- See page 4 of this newsletter for an activity/discussion starter

Donation & Support

- Donate to organizations to assist rebuilding, such as the West Broadway Business & Area Coalition or Lake Street Council
- Support Black-owned businesses

For additional ways to help and listings of Black-owned businesses, please see our website: fultonneighborhood.org.

Some content for this article was sourced from Mireille Cassandra Harper, Motherly.com and GoodGoodGood.com.

France Avenue South

Penn Avenue South

Spotlight on Fulton: Cyber-Seniors

Spotlight on Fulton features the unique people and places of Fulton neighborhood.

Cyber-Seniors is a nonprofit organization that works to bridge the digital divide by connecting tech-savvy teens with senior citizens to help them better understand their phones, tablets and computers. Initially started as a way for sisters to better connect with their grandparents for a Toronto high school community service project, video footage of their efforts turned into an award-winning documentary film which evolved into the organization. Cyber-Seniors has been active in the Twin Cities for the past couple years, open to the public to help seniors at the Linden Hills Library and other various senior centers and residences. Cyber-Seniors has taken on the challenge of how to continue to help seniors since the pandemic hit by connecting them with technology mentors over the phone and via video calls and group webinars.



Fulton resident Beth Winnick, Cyber-Seniors Program & Outreach Manager, explained that the organization has completely revamped itself in light of the COVID-19

virus. “When the virus first hit, we were grieving the loss of our in-person program, feeling like we needed to reach isolated seniors more than ever. We quickly regrouped and were able to figure out how to truly transform our program delivery methods, so with our rich pool of volunteer tech mentors, we’re actually reaching more senior citizens – and hearing from more volunteers wanting to be trained – than ever. It’s not with in-person connections, but through virtual connections. But the important thing is that the connections are being made, and helping people become tech-fluent can truly be life-saving in times of a pandemic.”

For the past year, Southwest High School Cyber-Seniors technology mentor Reese Michaelson (along with classmates and co-mentors Tim Whisler, Isaac Rinkleff-Duma and Nayan Narula) has been volunteering to help teach tech to senior citizens. Every Friday afternoon after school (and Wednesdays during the summer), the teens headed over to the The Waters on 50th to help residents better understand their devices. The mentors helped them learn to better communicate with friends and family over text or video calls, how to organize photos and listen to music, how to play games online or how to virtually walk down the street where they grew up. Since the teens can’t meet with seniors in person at this time, they’re going out of their way to work with seniors virtually.

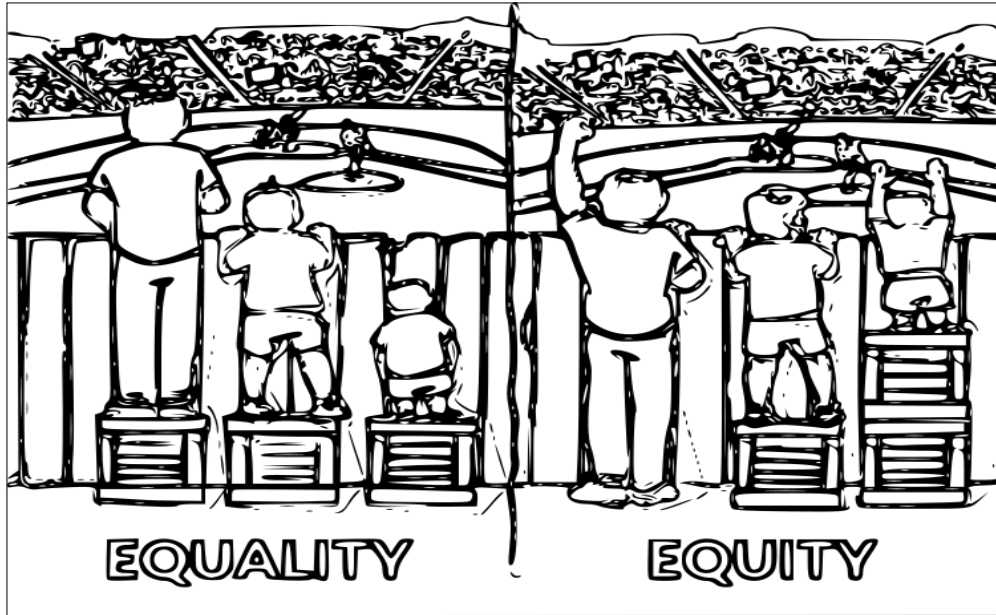
Michaelson says video conferencing is the next best thing to being together in person. He’s had a steady stream of seniors to work with recently, many of whom were hesitant to try FaceTime or Zoom at first but have come around. A rising junior at Southwest, you may see him helping in the yard or shooting baskets at his home near 49th & Russell. A National Honor Society student who made the varsity tennis team at the age of 12, he was recently appointed to the Cyber-Seniors Teen Leadership Council where he gets to work with teens across North America. He also helps the organization at a higher level, as he’s begun working with the nonprofit on marketing and graphic design — but he’s still putting in time explaining technology to seniors.

“We grew up with it. They didn’t. So it seems only fair for us to help,” comments Michaelson. “And I think I learn as much from them as they do from me.”

Any senior citizen with questions about technology can get help from Cyber-Seniors and new youth mentors are always needed. Go to cyberseniors.org or call 1-844-217-3057 for more information. Cyber-Seniors does not charge fees to seniors who use their services, although donations can be made on the website. The organization also welcome donations in honor of special senior citizens in your life. For more information, contact Beth Winnick at beth@cyberseniors.org.

Children's Activity Page

During this time of COVID-19 and restricted activity, we have offered simple children's activities in the past three newsletters. Please see our website to view and download previous pages: fultonneighborhood.org.



Children under age 5: Ask child to color the picture while a parent describes the difference between equality and equity.

Children age 5 & up: Ask child to color the picture and describe to the parent the differences and outcomes they see between the two pictures.

Equality is treating everyone the same. Equity is giving everyone what they need to be successful.

N	E	I	G	H	B	O	R	R	C	M
A	H	O	N	E	S	T	B	I	I	I
K	C	D	F	E	U	N	G	A	V	N
I	L	H	L	R	O	I	I	F	I	N
N	A	J	A	M	I	C	A	B	L	E
D	C	K	K	L	C	E	M	N	N	H
H	O	M	E	O	A	P	N	Q	O	A
R	L	S	H	A	R	E	S	D	T	H
C	A	R	I	N	G	T	U	V	L	A
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|----------|-----------|
| Neighbor | Home |
| Kind | Local |
| Friend | Lake |
| Helpful | Minnehaha |
| Fulton | Caring |
| Nice | Fair |
| Amicable | Honest |
| Gracious | Share |
| Civil | Respect |